December 2015



Partners Working Together... Making Your Employment Connection For Today & Tomorrow

8:30 a.m. – 4:30 p.m. Monday through Friday
171 E. State St./Martin Luther King Jr. St. Center Ithaca, Suite 241, Ithaca, NY 14850
Phone: (607) 272-7570 Ext. 118 TTY: (607) 272-3285, Fax: (607) 272-2835
E-mail: firststop@tompkins-co.org

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	Professional Opportunity Developers 9:00 – 11:00 a.m.	JOB SEARCH BASICS For Individuals With a CRIMINAL BACKGROUND 9:00 - 10:00 a.m.
7	8	9 METRIX Overview 10:00 – 11:00 a.m.	OLDER WORKER WORKSHOP 10:00 - NOON	11
14	15 SSI/SSDI and RETURNING TO WORK 10:00 - NOON	16	Professional Opportunity Developers 9:00 - 11:00 a.m.	18
21	22	23	24	Office Closed Christmas Day
28	29	30	31	

All workshops are offered at no cost to you and will be held at the Career Center unless otherwise indicated. However, space is limited and registration is required. Please call (607) 272-7570 ext.118, or register at the front desk. Tompkins Workforce is an Equal Opportunity Employer/Employment Service.

DECEMBER 2015 WORKSHOP DESCRIPTIONS

Professional Opportunity Developers: Thursday, December 3^{rd and} 17th from 9:00 a.m. -11:00 a.m. Network with people who previously held executive level or highly technical positions.

Job Search Basics for Individuals with a Criminal Background: Friday, December 4th, 9 - 10 a.m.

Kathy Lind, Employment Specialist with the Criminal Justice Center and Ramona Emery, Employment Counselor with the NYS Department of Labor will lead a discussion on navigating the job search process for individuals with a criminal background. This session is intended for jobseekers.

If you are a provider and would like information, contact Ramona Emery at 272-7570 X126.

Metrix E-Learning Information Session: Wednesday, December 9th from 10:00 a.m. – 11:00 a.m.

Metrix E-Learning is an online skills and job-related training program that contains over 6,000 Courses.

Courses range in topics from accounting, leadership, healthcare, and computer programming, etc.

Once registered, customers have accounts with unlimited access for 90 days.

Please note: This workshop requires a mid-level competency with computers.

If you want to learn basic computer skills, please speak with a counselor at the Resource Desk.

Job Search Tips for Older Workers: Thursday, December 10th from 10:00 a.m. - 12 Noon.

Is age discrimination real? Have you ever been called "over qualified"? Are older adults being stereotyped? Discuss these topics and more in a forum for job seekers who are considered "older". Topics will include myths about the older worker, changes in job search methods, realities of the current job market, and ways to deal with them.

Social Security and Return to Work Workshop: Tuesday, December 15th from 10 a.m. – NOON Topics will be: 1.) How benefits can be affected by paid employment, 2) Health insurance and work, and 3) Work Incentives for beneficiaries.

